



*Spring Creek*

PROPERTY OWNERS  
ASSOCIATION



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## SCPOA NEWS

### MAY UPDATES



#### Springtime in Spring Creek

May has finally arrived, which means it's time for the annual Spring Creek Clean-Up! So dig out those garden gloves and join your neighbours and SCMVI staff on May 17<sup>th</sup> to help pretty-up the community. Although both creeks are currently dry, making for easier garbage pick-up than in previous years, we're hoping for some much needed moisture to bring the water levels back up. Best to wear your rubber boots or hip waders if you have them, just in case.

Green thumb gardeners are also invited to bring their trowels to the Opera House the morning of May 18<sup>th</sup> for planting of the community flower garden. Sign up for these activities on our website at [www.springcreekpoa.ca](http://www.springcreekpoa.ca).

#### Dinner Group Potluck Social

Eleven new friends met on Saturday, April 13<sup>th</sup> for a potluck dinner at Deb and Geoff Rhodes. Guests were asked to bring an appetizer, salad or dessert, while the hosts provided the main course. Good fun, great food, and lots of laughs were had by all.



The next Dinner Group Social will be hosted by Tianhua at her Silvertip home on Friday, May 10<sup>th</sup> at 5:00 PM. Tianhua will provide a tutorial on making the perfect Chinese dumpling. Guests are asked to bring a salad or dessert, and plenty of enthusiasm for learning new culinary skills.

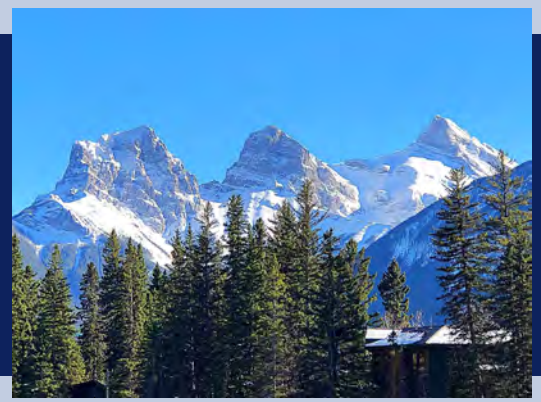
As this activity is being held at a private residence, space is limited to 20 attendees. If you would like to meet new friends and join what is sure to be an entertaining evening, please RSVP without delay at [www.springcreekpoa.ca](http://www.springcreekpoa.ca).

Please register for upcoming community events and social club activities on our website at [www.springcreekpoa.ca](http://www.springcreekpoa.ca).

SCPOA Board of Directors

# SCPOA NEWS

## MAY UPDATES



### SCPOA Walks - Go South Walking Loop

On Tuesday, April 23<sup>rd</sup>, a dozen Spring Creekers, including Gus the dog, enjoyed a sensational, sunny day in the mountains and completed the first SCPOA Easy Walking Loop of the season. Walkers from seven different Spring Creek buildings completed the 3.6 km 'Go South' walking loop. A cozy pit stop at the downtown JK Bakery & Cafe afterward provided the perfect venue for new friends to chat while enjoying a few 'somewhat deserved' treats.

These easy walking loops are a great opportunity to enjoy Canmore's amazing setting and breathe that fresh mountain air. Mark your calendars for the next two SCPOA easy walking loops:

- Sunday, May 26 : The Last of Us, a 3.5 km loop
- Friday, June 14: Larch Loop, a 5.6 km walk

All walks start and finish at The Pulse coffee shop located in the lobby of The Malcolm Hotel. Visit the SCPOA website at [www.springcreekpoa.ca](http://www.springcreekpoa.ca) to RSVP for one or both walks. Hope to see you soon!



### New Community Business

We are so excited to finally announce the opening of Spring Creek Integrated Health in Timberstone Lodge later this month. This much needed service in the heart of our community faces the very real challenge of retaining doctors and clinic staff due to limited housing availability and affordability. Dr. Jon Fridhandler, a fellow Spring Creek owner and resident, and the clinic's owner, has expressed an interest in partnering with other Spring Creek owners to provide rental accommodations for the clinic's growing team. Please read his impassioned plea on page 6 of this newsletter.

Accommodating a rotation of medical professionals can provide tourist home owners with a stable revenue stream without the constant risk and headaches associated with short-term rentals, while lowering turnover rates and expenses. Or perhaps you own an under utilized residential suite and would consider having a reliable mid-to-long term tenancy when you aren't occupying your suite. If this appeals to you, interested owners should reach out to Dr. Fridhandler directly to discuss the potential of longer term rental opportunities with Spring Creek Integrated Health.

On behalf of the Spring Creek Property Owners Association membership, we welcome Spring Creek Integrated Health to our community and wish them every success!





# UPCOMING POA ACTIVITIES

Full details available at  
[www.springcreekpoa.ca](http://www.springcreekpoa.ca)

## May

- 2 - Monthly Mountain Mixer | 7:30 - 10:00pm | Fire Pit
- 10 - Dinner Group | 5:00 - 8:30pm | Tianhua's Home in Silvertip
- 17 - Spring Creek Clean-Up | 2:00 - 5:30pm | Origin Courtyard
- 18 - Community Garden Planting | 10:00am - 12:00pm | Opera House
- 26 - SCPOA Walks | 9:00 - 11:00 am | The Malcolm Hotel

## June

- 1 - Annual General Meeting | 10:00am - 12:00pm | via ZOOM
- 1 - After AGM Pizza Party | 1:00 - 3:30pm | Opera House
- 6 - Monthly Mountain Mixer | 7:30 - 10:00 pm | Opera House
- 14 - SCPOA Walks | 9:00am - 12:00PM | The Malcolm

## July

- 1 - Canada Day Parade | 9:00am - 1:30pm | Downtown Canmore
- 4 - Monthly Mountain Mixer | 7:30 - 10:00 pm | Opera House

**Please register your attendance for  
POA events & activities at  
[www.springcreekpoa.ca](http://www.springcreekpoa.ca)**



# SPRING CREEK INTEGRATED HEALTH

Ridgeview Medical Centre is  
moving to Spring Creek!

As of May 2024 we will be operating  
out of our new clinic in the  
Timberstone Lodge building.

[www.springcreekhealth.ca](http://www.springcreekhealth.ca)

## WALK IN HOURS

Monday - Thursday  
5pm - 9pm



Saturdays  
10am - 4pm



At this time our family doctors are unable to  
accept new patients but all residents and visitors  
can access walk-in services.

Please read our letter on the following page to  
find out how you can help bring more family  
doctors to Canmore.



1404 SPRING CREEK GATE  
CANMORE, AB  
P: 403-609-8333

**An open letter to my neighbours in Spring Creek:  
From Dr. Jonathan Fridhandler  
Owner and Medical Director, Spring Creek Integrated Health**

I am a proud resident of Spring Creek and I am thrilled to be opening a new medical clinic to serve our community.

In the last few years we have continued to witness a slow drain of our local physicians. We currently have over 2,000 people on our wait list who are in need of a family doctor.

My goal is to provide primary and specialist care to every resident in Spring Creek and as many as we can in the Bow Valley. In order to do this we need to recruit new family doctors!

We all know that Canmore is an amazing place to live and work, but the single biggest barrier to recruiting young family doctors is that they simply cannot afford to live here early on in their career.

This is not a problem that the local or provincial government will be able to solve for us. In fact, provincial supports intended to help recruit doctors to smaller communities are not offered in our town.

We now have a beautiful clinic that any doctor would be proud to work in but I need the community's help to provide housing solutions.

If anybody in Spring Creek has housing that can be affordably provided to family doctors on a short, medium or long term basis, please reach out to me and together we can make sure that all of our families have access to the care we need.

*Sincerely,*

**Jon**

jonathan.fridhandler@gmail.com



STIRLING

ITALIAN  
*Winemaker's  
Dinner*



Winemaker's Dinner at The Stirling on Thursday, May 9 at 6:30pm  
Matias Landini of Paladin wineries invites you to The Malcolme Hotel for an incredible evening of wine and food. Join us for a 4-course meal crafted by Chef Graham Smith, perfectly paired with Paladin wines that will elevate your dining experience, all for just \$150 per person, plus tax and gratuities. Live performance by John Goulart.



Special room rates apply. Scan QR code to learn more or to purchase your tickets today!

403.812.0690 | [malcolmhotel.ca](http://malcolmhotel.ca)



THE MALCOLME  
HOTEL







STIRLING

# Mother's Day Brunch

MAY 12 FROM 9 AM - 1 PM

Join us for Mother's Day brunch in the Edinburgh Ballroom with a special performance by Andrew Ibanez.

Adult \$55 | 6-12 \$22.50 | Under 6 free



Reservations

321 Spring Creek Drive  
Canmore, AB. 403.812.0690  
[malcolmhotel.ca](http://malcolmhotel.ca)



THE MALCOLM  
HOTEL